

	breakfast		lunch	I snack	II snack
Monday	Buffet Bread (wheat, rolls with wholemeal sunflower seeds) 1, Butter7 Sausage (cooked poultry), vegetables (pepper, tomatoes, pickled cucumbers), fruit (bananas, apple), Milk and milk products (natural yoghurt7), drinks, fruit tea, Whole grain breakfast cereals1, dried fruit (cranberries, apricots). Strawberry blackcurrant jam (low-sugar) and honey	ʻ Vegetables fruits'	Cream of white vegetables, Pasta with bolognese sauce, Parsley pesto, Fresh vegetables	Roll with grains, cheese, vegetable	Mixed coloured sandwiches with butter, cold cuts, cheese, preserves and vegetables Fruit tea
Tuesday	Buffet Bread (rye, wheat, wholemeal bread1), butter 7 Sausage (pork loin), cheese7, cappresse salad 7 vegetables (green cucumbers, tomatoes, radishes, colored peppers), pears, apples, Milk and milk products (vanilla cheese) 7, drinks coffee with milk 1.7, 1 Honey whole grain breakfast cereals, dried fruit, bananas, kiwi. Jam (low-sugar apricot, cranberry) and honey		Mashed potatoes, Chicken tenderloin, Potatoes with dill, Baked potatoes with parmesan cheese Fresh vegetables	Yoghurt, vegetable, challah	Mixed coloured sandwiches with butter, cold cuts, cheese, preserves and vegetables Fruit tea
Wendesday	Buffet Bread, Butter7 Hot sausages, Mozzarella cheese7, vegetables (cherry tomatoes, pickled cucumbers, radish, green lettuce), orange, apple, fruit, grape, broccoli and goat's cheese sprout salad with boiled broccoli7 Cocoa with milk 7, milk products (fruit yoghurts) 7, drinks (tea, milk) Whole grain breakfast cereals1, dried fruit (apricots, raisins, cranberries). Jam (low-sweetened elderberry, sea buckthorn) and honey		Broccoli soup with potatoes, Coated fish, rice, tortilla with vegetables Fresh vegetables	Baguette, kabanosy, vegetable	Mixed coloured sandwiches with butter, cold cuts, cheese, preserves and vegetables Fruit tea



Thursday	Buffet Bread (rye, multi-grain bread, rolls with vegetables and linseed1), Butter 7 Sausages (beef pastrami), Yellow cheese7, vegetables (green cucumbers, tomatoes, radishes, colored peppers, kohlrabi), grapefruit, blueberries, plums, Milk and milk products, natural yoghurt with raspberries7, drinks, Chocolate breakfast cereals1,7, dried fruits, cranberries. Fruit salad Jam (low-sugar) quince, blueberry and honey	Vegetable soup, Roast turkey, couscous, fresh vegetables,	Cereal cake, vegetable	Mixed coloured sandwiches with butter, cold cuts, cheese, preserves and vegetables Fruit tea
Friday	Buffet Whole wheat bread1, Butter 7 Poultry meats, Goat cheese7, vegetables (paprika, celery, tomatoes), fruit, apple, apricot, Milk and milk products (fruit yoghurt, homogenized cheese) 7, drinks coffee with milk, Breakfast cereals (whole grain corn) 1.7, dried fruit sunflower, pumpkin, raisins. Jam (low-sugar raspberry, plum jam) and honey		Muffin, vegetable, fruit mousse	

NUMERICAL DETERMINATION OF ALLERGENS IN MEALS: 1. GLUTEN; 2. crustaceans; 3. EGGS; 4. FISH; 5. Peanuts; 6. SOYA; 7. MILK; 8. NUTS; 9. SELER; 10. GORCZYCA; 11. SESAME; 12. SULFUR DIOXIDE AND SULFATE; 13. LUPINE; 14. FLUSHERS.