|  | breakfast |  | lunch | I snack | II snack |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Monday | Buffet <br> Bread (wheat, rolls with wholemeal sunflower seeds) 1, Butter7 Sausage (cooked poultry), vegetables (pepper, tomatoes, pickled cucumbers), fruit (bananas, apple), <br> Milk and milk products (natural yoghurt7), drinks, fruit tea, <br> Whole grain breakfast cereals1, dried fruit (cranberries, apricots). <br> Strawberry blackcurrant jam (low-sugar) and honey |  | Cream of white vegetables, Pasta with bolognese sauce, Parsley pesto, Fresh vegetables | Roll with grains, cheese, vegetable | Mixed coloured sandwiches with butter, cold cuts, cheese, preserves and vegetables Fruit tea |
| Tuesday | Buffet <br> Bread (rye, wheat, wholemeal bread1), butter 7 <br> Sausage (pork loin), cheese7, cappresse salad 7 vegetables (green cucumbers, tomatoes, radishes, colored peppers), pears, apples, <br> Milk and milk products (vanilla cheese) 7, drinks coffee with milk 1.7, <br> 1 Honey whole grain breakfast cereals, dried fruit, bananas, kiwi. <br> Jam (low-sugar apricot, cranberry) and honey | - Vegetables fruits' | Mashed potatoes, Chicken tenderloin, Potatoes with dill, Baked potatoes with parmesan cheese Fresh vegetables | Yoghurt, vegetable, challah | Mixed coloured sandwiches with butter, cold cuts, cheese, preserves and vegetables Fruit tea |
| Wendesday | Buffet <br> Bread, Butter7 Hot sausages, Mozzarella cheese7, vegetables (cherry tomatoes, pickled cucumbers, radish, green lettuce), orange, apple, fruit, grape, broccoli and goat's cheese sprout salad with boiled broccoli7 <br> Cocoa with milk 7, milk products (fruit yoghurts) 7, drinks (tea, milk) <br> Whole grain breakfast cereals1, dried fruit (apricots, raisins, cranberries). <br> Jam (low-sweetened elderberry, sea buckthorn) and honey |  | Broccoli soup with potatoes, Coated fish, rice, tortilla with vegetables Fresh vegetables | Baguette, kabanosy, vegetable | Mixed coloured sandwiches with butter, cold cuts, cheese, preserves and vegetables Fruit tea |



NUMERICAL DETERMINATION OF ALLERGENS IN MEALS: 1. GLUTEN; 2. crustaceans; 3. EGGS; 4. FISH; 5. Peanuts; 6. SOYA; 7. MILK; 8. NUTS; 9. SELER; 10. GORCZYCA; 11. SESAME; 12. SULFUR DIOXIDE AND SULFATE; 13. LUPINE; 14. FLUSHERS.

